



## Release of Information Request

**Patient Information:** Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

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**I authorize:** Arden Shores Counseling Phone: 651-583-5565  
3550 Lexington Ave N. Suite 100 Fax: 651-583-5566  
Shoreview MN, 55126 Email: office@ardenshoresmn.com

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**To:** \_\_\_ Release to \_\_\_ Receive from \_\_\_ Both release and receive

Agency/Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Fax: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

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### Information to be Released:

- Most Recent Diagnostic Assessment
- Current Treatment Plan
- Past \_\_\_\_\_ Progress notes
- All records dated from \_\_\_\_\_ to \_\_\_\_\_
- Verbal communication

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### Please send information by:

\_\_\_ Fax \_\_\_ Mail \_\_\_ Pick up \_\_\_ Phone/Verbal

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### Purpose of release:

\_\_\_ Coordination of Care \_\_\_ Social Security \_\_\_ Legal Use

\_\_\_ Personal Use \_\_\_ Other: \_\_\_\_\_

Patient/guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed name & relationship to patient \_\_\_\_\_